

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
07:30	Arrival day PowerPoint Presentation Induction and Orientation	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	
07:45-08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
09:00-10:30		English test and Information	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	Full-Day Excursion e.g. London	Full-Day Excursion e.g. Portsmouth
10:30-11:00			Break	Break	Break	Break	Break	Break		
11:00-12:30		(High Season only)	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson		
12:30-13:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
13:45-14:30		Half-Day Excursion to Bournemouth	Golf	Benchball	Golf	Swimming	Golf			
14:30-15:15				Gym training		Volleyball				
15:15-15:30				Break		Break				
15:30-16:15				Team sports		Handball				
16:15-17:00				Team sports		Badminton				
17:30-18:30	After School Clubs	After School Clubs	After School Clubs	After School Clubs	After School Clubs	After School Clubs				
18:30-19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		
20:15-22:30	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	
22:45	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	

- This timetable is based on students living in the College. Students, living in homestay accommodation are required to be at the College by 08:45 and eat dinner at their homestay
- This course rotates on a weekly basis