

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
07:30	Arrival day PowerPoint Presentation Induction and Orientation	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up			
07:45-08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast			
09:00-10:30		English test and Information	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	Full-Day Excursion e.g. London	Full-Day Excursion e.g. Portsmouth		
10:30-11:00				Break	Break	Break	Break	Break			Break	
11:00-12:30		(High Season only)	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson				
12:30-13:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch				
13:45-14:30		Half-Day Excursion to Bournemouth	Horse Riding	Bench ball	Horse Riding	Tennis	Jurassic Coast walk to Durlston Country Park including Castle, Lighthouse, Caves, Globe	Full-Day Excursion e.g. London			Full-Day Excursion e.g. Portsmouth	
14:30-15:15				Swimming		Volleyball						
15:15-15:30				Break	Break	Break						Break
15:30-16:15				Basketball	Team sports	Relay Games						Aeroball
16:15-17:00				Gym Training		Kwik Cricket						Badminton
17:30-18:30				After School Clubs	After School Clubs	After School Clubs						After School Clubs
18:30-19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner				
20:15-22:30	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities			Evening Activities	
22:45	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime			

- This timetable is based on students living in the College. Students, living in homestay accommodation are required to be at the College by 08:45 and eat dinner at their homestay
- This course rotates on a weekly basis