



Example Programme – Week 1

Junior English Plus

Academic Challenges



| | Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|--|--|---|--|---|---------------------------|--|
| 07:30 | Arrival Day PowerPoint Presentation Induction and Orientation | Wake up | Wake up | Wake up | Wake up | Wake up | Wake up |
| 07:45 – 08:45 | | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 09:00 – 10:30 | | English test and Information | English Lesson | English Lesson | English Lesson | English Lesson | English Lesson |
| 10:30 – 11:00 | | | Break | Break | Break | Break | Break |
| 11:00 – 12:30 | | (High Season Only) | English Lesson | English Lesson | English Lesson | English Lesson | English Lesson |
| 12:30 – 13:45 | | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 13:45 – 14:30 | | Half-Day Excursion to Bournemouth | Jurassic Coast Introduction and visit to UNESCO World Heritage Site Durlston Castle and Park | Thomas Hardy and Local Literature | Trip to Kimmeridge with Fossil Hunting | Environmental Art | Local and National Customs and Traditions |
| 14:30 – 15:15 | | | | | | | |
| 15:15 – 15:30 | | | | | | | |
| 15:30 – 16:15 | | | | | | | |
| 16:15 – 17:00 | | After School Clubs | After School Clubs | After School Clubs | After School Clubs | After School Clubs | After School Clubs |
| 17:30 – 18:30 | | | | | | | |
| 18:30 – 19:15 | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| 20:15 – 22:30 | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities |
| 22:30 | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime |

- This timetable is based on students living in the College. Students, living in homestay accommodation are required to be at the College by 08:45 and eat dinner at their homestay
- This course rotates on a 3 weekly basis



Example Programme – Week 2

Junior English Plus

Academic Challenges



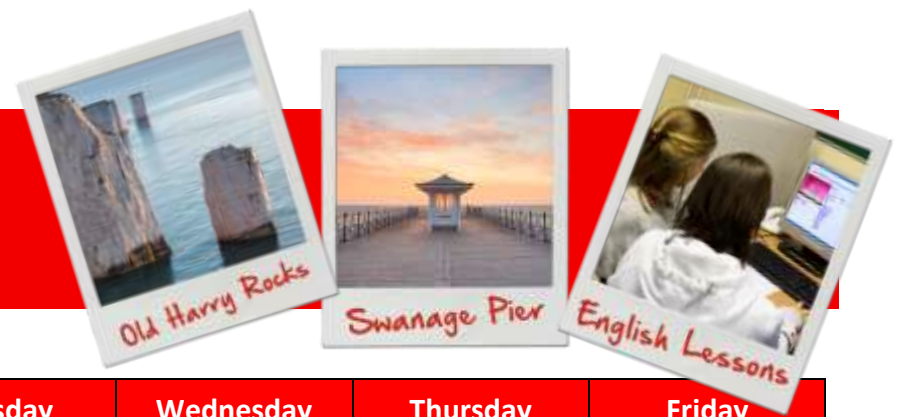
| | Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---------------------------------------|---|---|-------------------------------|---------------------------------------|-------------------------------|------------------------------|
| 07:30 | Wake up | Wake up | Wake up | Wake up | Wake up | Wake up | Wake up |
| 07:45 – 08:45 | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 09:00 – 10:30 | Full-Day Excursion e.g. London | Full-Day Excursion e.g. Portsmouth | English Lesson | English Lesson | English Lesson | English Lesson | English Lesson |
| 10:30 – 11:00 | | | Break | Break | Break | Break | Break |
| 11:00 – 12:30 | | | English Lesson | English Lesson | English Lesson | English Lesson | English Lesson |
| 12:30 – 13:45 | | | Lunch | Lunch | Lunch | Lunch | Lunch |
| 13:45 – 14:30 | | | British Culture (Food & Drink) | Biology (Pond Dipping) | Swanage Town and Local History | Corfe Castle Excursion | Environmental Tourism |
| 14:30 – 15:15 | | | | | | | |
| 15:15 – 15:30 | | | | | | | |
| 15:30 – 16:15 | | | | | | | |
| 16:15 – 17:00 | | | After School Clubs | After School Clubs | After School Clubs | After School Clubs | After School Clubs |
| 17:30 – 18:30 | | | | | | | |
| 18:30 – 19:15 | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| 20:15 – 22:30 | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities |
| 22:30 | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime |



Example Programme – Week 3

Junior English Plus

Academic Challenges



| | Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|--|---------------------------------|--|------------------------------|--|--------------------|---------------------|
| 07:30 | Wake up | Wake up | Wake up | Wake up | Wake up | Wake up | Wake up |
| 07:45 – 08:45 | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 09:00 – 10:30 | Departure Day or Full-Day Excursion e.g. Oxford | Morning Activities | English Lesson | English Lesson | English Lesson | English Lesson | English Lesson |
| 10:30 – 11:00 | | | Break | Break | Break | Break | Break |
| 11:00 – 12:30 | | | English Lesson | English Lesson | English Lesson | English Lesson | English Lesson |
| 12:30 – 13:45 | | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 13:45 – 14:30 | | Afternoon Activities | Studland Beach Geography and Coastal Studies Field Work | Swanage Art Trail | Cinema Trip and Film Analysis | Media | Orienteering |
| 14:30 – 15:15 | | | | | | | |
| 15:15 – 15:30 | | | | | | | |
| 15:30 – 16:15 | | | | | | | |
| 16:15 – 17:00 | | | | | | | |
| 17:30 – 18:30 | | After School Clubs | After School Clubs | After School Clubs | After School Clubs | After School Clubs | After School Clubs |
| 18:30 – 19:15 | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| 20:15 – 22:30 | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities | Evening Activities |
| 22:30 | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime | Bedtime |