



# Example Timetable – Week 1

## Junior English Plus

### Adventure Activities



	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	<b>Arrival Day</b> PowerPoint Presentation Induction and Orientation	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up
07:45 – 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 – 10:30		<b>English test and Information</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>
10:30 – 11:00			Break	Break	Break	Break	Break
11:00 – 12:30		(High Season Only)	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>
12:30 – 13:45		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13:45 – 14:30		<b>Half-Day Excursion to Bournemouth</b>	<b>Clip and Climb</b>	<b>Coasteering</b> (swimming along the rugged coastline, rock jumping and exploring caves)	<b>Paintballing</b>	<b>Interactive Music Club, Archery, Team Building and Aeroball</b>	<b>Paddleboarding</b>
14:30 – 15:15							
15:15 – 15:30							
15:30 – 16:15							
16:15 – 17:00	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	
17:30 – 18:30							
18:30 – 19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:15 – 22:30	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>
22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime

- This timetable is based on students living in the College. Students, living in homestay accommodation are required to be at the College by 08:45 and eat dinner at their homestay
- This course rotates on a 2 weekly basis



# Example Timetable – Week 2

## Junior English Plus

### Adventure Activities



	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up
07:45 – 08:45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 – 10:30	<b>Full-Day Excursion e.g. London</b>	<b>Full-Day Excursion e.g. Roman / Victorian Baths</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>
10:30 – 11:00			Break	Break	Break	Break	Break
11:00 – 12:30			<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>
12:30 – 13:45			Lunch	Lunch	Lunch	Lunch	Lunch
13:45 – 14:30			<b>Dorset Water Park (Woodland, Wet Adventure Park)</b>	<b>Quad Biking</b>	<b>Quasar (Laser Shooting Game)</b>	<b>Raft Building</b>	<b>Wet and Wild Jet Boat Ride</b>
14:30 – 15:15							
15:15 – 15:30							
15:30 – 16:15							
16:15 – 17:00			<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>
17:30 – 18:30							
18:30 – 19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:15 – 22:30	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>
22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime